

SMALL BITES

GUACAMOLE (V) (GF) Fresh guacamole with mango chutne fresh salsa, and homemade chips.	#7750 y,
HERBED TOMATO TARTAR (V)(GGF) Herbed olive oil, capers, fresh citric juices.	<i>₡</i> 7500
CRISPY CALAMARIServed with a mint and basil aioli.	¢ 8000
TROPICAL CEVICHE (GF)Fresh Mahi Mahi and mango on passion fruit and citrus juices. Served with homemade chips.	¢ 8500
FISH CROQUETTES WITH HOUSE AIOLI	<i>¢</i> 6000
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ROASTED JALAPEÑO HUMMUS (V) (GF) Served with homemade sourdough bread, chickpeas croquettes and Grille	#6500 ed #8500

FROM THE HOUSE

MAHI FISH TACOS (GF)3 tacos over homemade corn tortillas, red cabbage, fresh salsa, mango chutney and chipotle aioli.	¢ 8500
CHICKEN MELT	# 8500
CREAM OF TOMATO SOUP & GRILLED CHEESE (GFF)	<i>¢</i> 8500
VEGAN MUSHROOM MELT	Ø8500
GARDEN VEGAN BOWL (GF)	¢ 8500
ADD: CHICKEN ¢2.900	

FRESH CATCH ¢4.000

TUNA ¢4.000

BURGUERS

½ Pound grass fed beef Patty, homemade burger bun, fresh ingredients. Served with hand cut fries. Substitute for Salad \$1.500 or Onion Pings \$1,000

or Union Rings \$1.00	00
CHEDDAR	
TUNAFresh tuna, basil and mint aioli, avocado and mango coleslaw.	
VEGANChickpea & carrot patty, lettuce, onion, and avocado.	
KETOCheddar Crust, lettuce, red onio bacon, and chipotle cream.	
MENPHIS	<i>₡</i> 12500

SALADS

GREEN ROOM SALAD (GF) #8500 Organic greens, granny apples, strawberries, cucumbers, tomato, carrots, red onions, almonds, ricotta

cheese, herbed olive oil and blackberry balsamic dressing.

- -Chicken ¢2.900
- -Chickpea &

Carrot Croquettes ¢2.000

-Shrimp ¢4.000

#11000

*¢*11000 TUNA (GF) Mixed organic greens, cherry tomatoes, red onions, cucumbers,

avocado, peanuts, mango chutney and tropical house vinaigrette.

Substitute for Chickpea & Carrot Croquettes (V) ¢8.000

Extras

cheddar cheese.

- Artisan bacon, sausage or ham	<i>¢</i> 2500
- Cheddar	<i>₡</i> 1500
-Gluten free bun	<i>¢</i> 1500

MENPHIS

onions house smoky aioli.

SMASH BURGER

Two burger patties, crispy bacon, crispy

2 Smashed burger patties, caramelized onions, sauteed mushrooms and double

Sauteed mushrooms -Chipotle aioli	₡2000 ₡1000
-Keto Sauteed	<i>₡</i> 3000
-Caramelized onions or avocado	<i>₡</i> 1000



MAINS

BEET AND GINGER MARINATED TUNA (GF)
FRESH CATCH WITH PINEAPPLE COCONUT CURRY SAUCE (GF)
STEAK AND FRITES (GF)
CHILI LIME & PINEAPPLE SHRIMP (GF) Served with cilantro - lime rice and organic greens.
GRILLED CITRUS OCTOPUS (GF) Served with Cajun smashed baby potatoes and grilled corn.
GREEN ROOM RIBS (GF)
PULPFRIJO (GFF)
CARIBBEAN CHICKPEA AND LIONS MANE BOWL (V)(GF)

FOR THE LITTLE ONES

All \$7.500, includes a natural beverage.

ALL THE ITEMS BELOW ARE ONLY FOR KIDS
UNDER 12 YEARS OLD. DRINK WONT BE INCLUDED ON ORDERS
FOR PEOPLE OLDER THAN 12.

GRILL CHEESE SANDWICH

Made with homemade bread and sharp cheddar cheese, served with hand cut fries or fruits.

CHICKEN FINGERS

Crusted chicken strips served with hand cut fries or fruits.

FISH FINGERS

Crusted mahi strips served with hand cut fries or fruits.

DESSERTS

FEATURE VEGAN DESSERT	<i>¢</i> 4500
KAHLUA ALMOND BROWNIE	<i>¢</i> 4500
HELADO ARTESANAL CASERO Opciones veganas disponibles	<i>¢</i> 2500
NEW YORK STYLE CHEESECAKE	<i>¢</i> 4500
FEATURE KETO, GLUTEN & SUGER FREE PIES	¢ 4500